

Field Series 1 (note track events take priority) - 8 Oct 22

Time	Tots	U6s	U7s	U8s	U9B	U9G	U10s	U11s	U12G	U12B	U13G+	U13B+	
8:00		Games	DIS3	HJ3/4	DIS2 (7.45)		TurboJ	LJ2	Shot1	DIS1	Jav (7.45)	HJ2 (7.45)	
8:30		LJ3	TurboJ	DIS3	HJ3	HJ4	LJ4	Jav	DIS2	LJ2	DIS1	Shot1/2	
9:00		LJ4	Throws	LJ3	DIS3/TurboJ	Shot3/4	Shot3/4	HJ3/4	HJ2	HJ1	Jav	Shot1/2	LJ1/2
9:30	Games ^P	HJ5 ^P	Shot3&4	LJ3/4	TurboJ	TurboJ	Shot2	DIS1	LJ1	Shot1	HJ1 ^P	Jav	
10:00			HJ3 ^P	Shot3/4 ^P	LJ3 ^P	LJ4 ^P	DIS2 ^P	Shot1 ^P	Jav ^P	HJ2 ^P	LJ1 ^P	DIS1 ^P	

Track Series 1

Time	Tots	U6s	U7s	U8s	U9s	U10s	U11s	U12B	U12G	U13G+	U13B+
7:30			Walks	Walks	Walks	Walks	Walks	Walks	Walks	Walks/3000M	
8:00				P700	800m	800m	800m	800m	800m	800m	
9:00				9-9:15	9-9:15	9-9:15	9-9:15	9-9:15	9-9:15	9-9:15	
				Hurdles	Hurdles	Hurdles	Hurdles	Hurdles	Hurdles	Hurdles	
9:00	9-9:15	9-9:15	9-9:15	9-9:15	9-9:15	9-9:15	9-9:15				
Back Straight	50M	50M	70M	70M	70M	70M	70M				
9:45			9:45-10:00	9:45-10:00	10:00-10:15	10:00-10:15	10:15-10:30	10:15-10:30	10:15-10:30	10:30-10:45	
			200M	200M	200M	200M	200M	200M	200M	200M	

Field Series 2 (note track events take priority)

Time	Tots	U6s	U7s	U8s	U9B	U9G	U10s	U11s	U12G	U12B	U13G+	U13B+	
8:00		HJ5 ^P	LJ3	Shot3/4	DIS3	DIS2	LJ4	TJ2	HJ2	Jav	HJ1 (7.45)	DIS1 (7.45)	
8:30		Throws	Shot3&4	DIS3	LJ3	LJ4	HJ3/4	HJ2	Shot1	TJ1	DIS1	Jav	
9:00		LJ4	LJ3	HJ4	TurboJ	Shot3/4	Shot3/4	DIS2	DIS1	Jav	HJ1	Shot 1/2	TJ1/2
9:30	Games ^P	Games ^P	Turbo	LJ3/4	HJ3	HJ4	TurboJ	LJ1	TJ2	DIS1	Jav	Shot1/2	
10:00			DIS3&4 ^P	HJ3/4	TurboJ	TurboJ	Shot3/4 ^P	Shot2 ^P	DIS1 ^P	Shot1 ^P	TJ2 ^P	HJ2 ^P	

Track Series 2

Time	Tots	U6s	U7s	U8s	U9s	U10s	U11s	U12B	U12G	U13G+	U13B+
7:30			Walks	Walks	Walks	Walks	Walks	Walks	Walks	Walks	
8:00		P300	P500	P700M	800M	800M	1500M	1500M	1500M	1500M	
8:00										2/300 H	
9:00	9-9:15	9-9:15	9-9:15	9-9:15	9-9:15	9-9:15	9-9:15	9-9:15	9-9:15	9-9:15	
	50M	50M	100M	100M	100M	100M	100M	100M	100M	100M	
10:00				10:15-10:30	10:15-10:30	10:15-10:30	10:15-10:30	10:15-10:30	10:15-10:30	10:15-10:30	
				400M	400M	400M	400M	400M	400M	400M	